**JANUARY**

 5TH LAND TRAINING

12TH 11:00

19TH LAND TRAINING

26TH 11:00

**FEBRUARY**

2ND LAND TRAINING

9TH10:00

16TH 16:00 SHORT SESSION

23RD 10:30

**MARCH**

1ST 15:00

8TH 9:00

15TH 14:30

22ND 9:30

29TH 14:30 BST

**APRIL**

5TH 9:00

12TH 14:00

19TH 10: 00 SHORT SESSION

26TH 13:00

**MAY**

 3RD 8:00

10TH 13:00

17TH LAND TRAINING

23RD 11:30

31ST 18:30

**JUNE**

 7TH 12:00

14TH 19:00 SHORT SESSION OR LAND TRAINING water till 20:30

21ST 11:30

28TH 17:00

July

5th 11:00

12th 16:30

19th 10:00

26th 15:00

August

2nd 10:00

9th 14:30

16th 9:00

23rd 14:00

30th 9:00

September

6th 13:00

13th 10:00 Land Training

20th 13:00

27th 8:30

October

4th 12:00

11th 10:00 Land Training

18th 11:30

25TH 10:00 Land Training GMT

November

1ST 10;00

8TH10:00 Land Training

15TH 09:30

22ND10:00 Land Training

29TH 09:00

December

6th14:00

13th 09:00

20th TBA 14:00 till 1600 ????

27th 08:30